Jefferson County Health Alliance **Culture of Connection Action Team** December 18, 2020, 11:30 - 12:30 Microsoft Teams	**MEETING NOTES**

Meeting Objectives:
- Narrow our focus
- Determine ways to start building connectedness

Culture of Connection General purpose: Build a culture of connection in Jefferson County.

Participants: Melody Maendel, Kelsey Campbell, Pamela Gould, Reg Cox, Robyn Lupa

Alliance updates
- Center in Community training, March 8 at 1:30
    - Our connection champions we interviewed might be able to contribute to this meeting.
    - Mel shared a success story of how CTC has worked with youth.
    - Some questions our group has include: What's the step-by-step on how you include community voice? How do you get community members to show up? What can you expect in the process of working with community - what's "normal"?
- Governance revision
    - Mel could be the representative; Kelly will send Mel information.

Pulling it all together
See worksheet below. The group will continue the discussion in January.

Next meeting:
-The group agreed to set a standing 1-hr meeting for either Wednesdays before 3 or the 3rd Tuesday is in the afternoon.
-The January meeting will be 1.5 hours.

Jefferson County Health Alliance
Culture of Connection Action Team
Meeting Worksheet 12/16/2020

1. With what we know now, where do we see the most "disconnectedness"? Who is disconnected (and from what?)?

I see the most disconnectedness between the police/law enforcement and the youth in my community and neighborhood	More disconnectedness between the income gaps groups both in the youth and the adults
Executive level in systems and their boots on the group folks	Homebound individuals
Homeless/housing instability folks and their community/neighbors.	People who are addicted to substances (alcohol, marijuana, opioids, other)
Isolated caregivers; grandparents, etc. as caregivers	Those who speak language other than English
LGBTQIA+ youth;	Communities of color and the community
youth who have experienced or are experiencing trauma (including relationship and sexual violence)	**Racial** **Social/culture/language** **Economics - Lack of $ = disconnect** **Political views** **Hope vs no hope (anxiety = disconnect)** **Aging populations**
Youth who don't like school, aren't involved in activities…	

3. What are some of the reasons for this disconnection?

Stigma	Limited communication channels
Unaware of resources	Different views and opinions
Disconnect = more disconnect and a presumption of how others see you.	Fear, distrust
Inequitable opportunities and barriers (cost, transportation, etc)	Lack of communication and understanding about things such as culture and their community and views
Transportation (lack of)	Language barriers/language injustice
Time or lack thereof	Lack of trust
Fear/Outrage grows disconnectedness and an assumption that the "other" is against us	Lack of technology/wifi/computer
Past trauma or negative experiences with entities	Addiction, depression/hopelessness
Lack of pathways to connect with others in different social "silos" from you. Connection requires a champion/guide/mentorThere needs to be a strong steady endless narrative of successful connections between social silos/cultures/walls being broken down	Mental Health and "building up walls"
The positive incentives for facing the risk of connected should be shared/told	

5. Group the reasons above (This is where we stopped on 12/18/2020. To be continued in January.)

Interpersonal	Systemic/structural inequity			
-Stigma -Different views and opinions -fear -Lack of communication and understanding about things such as culture and their community and views	-Inequitable opportunities and barriers (cost, transportation, etc) -Transportation (lack of) -organizational fees -Lack of trust -Language barriers -Lack of technology/wifi/computer -knowledge of how to use technology -Limited communication channels -Unaware of resources -fear -trauma	-time and lack thereof	-Past and current trauma or negative experiences with entities -Mental Health and "building up walls" -Addiction, depression/hopelessness	

Workspace

Disconnect = more disconnect and a presumption of how others see you.	Lack of pathways to connect with others in different social "silos" from you. Connection requires a champion/guide/mentorThere needs to be a strong steady endless narrative
-Fear/Outrage grows disconnectedness and an assumption that the "other" is against us	
of successful connections between social silos/cultures/walls being broken down	
The positive incentives for facing the risk of connected should be shared/told	

6. Where do you think we could start/continue building connectedness? (To be continued in January.)

1. Quantify
   a. Race and equity town halls
   b. Healthy Kids Colorado Survey
   c. CTC town halls