

CNC Settings & Strategies

Pillar: Connectedness

Settings			
Youth serving organizations including Schools / Higher Ed, Service Members, Veterans & their Family (SMVF), Workplaces, Other key community settings: LGBTQ+ serving organizations, faith communities, older adult serving organizations, people with disabilities, and family services organizations, parks and recreation and community cultural centers.			
Strategies			
Promote behavioral health ⇨ Elementary SEL program in each school ⇨ Sources of Strength in middle/high schools ⇨ Promotion of you@college and Man Therapy web-based resources	Increase opportunities for safe & inclusive community events, gatherings & meaningful social interactions ⇨ Parenting and other community engagement activities and events	Build public support for the inclusion of policies for LGBTQ+ community ⇨ Workplace policies that support inclusion	Comprehensive sexual education ⇨ Comprehensive sex ed in all middle and high schools

Pillar: Economic Stability

Settings			
Local food banks, health care providers, local public health department, local department of human services, older adult serving organizations, schools and higher education settings, LGBTQ+ serving organizations, housing authority, faith community, Veteran Serving Organizations (VSO), employers, EAP programs, early childhood coalitions, elected officials, Advocates, Unions, Good Business Colorado, Child care providers who accept CCAP (licensed and unlicensed)			
Strategies			
Food Security ⇨ Policies and practices include food security	Access to Affordable Housing ⇨ Policies and practices include affordable housing	Family Friendly Employment ⇨ Policies and practices include family friendly employment	Access to affordable and quality childcare ⇨ Policies and practices include access to affordable, quality child care

Pillar: Education and Awareness

Settings		
Community-based settings where suicide risk/burden is highest per county level Colorado Dashboard data. Priority populations include LGBTQ+, Veterans, Older Adults and high risk industries.		
Strategies		
General suicide-alert helper or “gatekeeper” awareness trainings ⇨ Implement QPR, ASIST, safeTALK, and/or Mental Health First Aid among others	Suicide prevention awareness campaigns ⇨ Social marketing campaign(s) to reach priority populations identified in the county (e.g. Man Therapy, Let’s Talk Colorado and Below the Surface)	Organizational Policy Training ⇨ Robust and proactive policies and procedures in place to promote wellness and address intervention for suicide risk (prioritize 3 settings per year)

Pillar: Access to Suicide Safer Care

Settings	
Community Mental Health Centers / Behavioral Health and Substance Use Disorder Treatment Agencies, Hospitals and Emergency Departments	Primary Care
Strategies	
Implement the Seven Elements of Zero Suicide ⇨ Health system policies, protocols and practices to include elements: 1) Lead 2) Train, 3) Identify, 4) Engage, 5) Treat, 6) Transition, 7) Improve	Adoption of suicide safer care practices in primary care. ⇨ Primary care providers adoption of the Suicide Prevention Toolkit for Colorado Primary Care Practices

Pillar: Lethal Means Safety

Settings

Work-place, Youth serving organizations including Schools and Higher Education, Primary care, Mental Health Centers / Behavioral Health & Substance Use Disorder Treatment Agencies, Hospitals and Emergency Departments, Judicial and Correctional Systems, Service Members, Veterans and their families (SMVF), Other: Firearm Community.

Strategies

Colorado Gun Shop Project

⇒ Introduce project via a firearm advocate to licensed retailers (with a storefront) and ranges in both rural & urban counties

Lethal Means Safety Training (CALM) and resource dissemination

⇒ Provide training and resources to non-health provider, community settings e.g., schools, workplaces, juvenile corrections, Veteran orgs, etc.

Support dissemination of a safe storage public messaging campaign

⇒ Support dissemination of statewide safe storage public messaging campaign

Offer and Promote Medication Take Back locations within the county

⇒ Provide community resources to include printed materials with information on existing medication take back locations

Best Practice Opioid Prescribing Guidelines

⇒ Promote prescriber education to providers across all agency settings

Pillar: Postvention

Settings

Community mental health centers / behavioral health & substance use disorder treatment agencies, county coroner/ medical examiner, survivors of suicide loss, lived experience, media, news, print, on-line, social media, reporters & journalistic community, faith communities, military service members, Veterans & families (SMVF), schools / higher Ed., workplaces.

Strategies

Survivor outreach and support

⇒ Postvention response agencies and providers have policy/protocol for survivor engagement, referral and resource provision for survivors of suicide loss

Community Postvention Response Plan

⇒ Postvention response team develop or support an existing community level postvention response plan

Safe messaging and media reporting

⇒ Dissemination of safe messaging resources, and promotion of stories of hope/recovery