# The Best Kept Secret of Collaboration

#### Acts Outside the Meeting Table



Presented by Tyrone Beverly



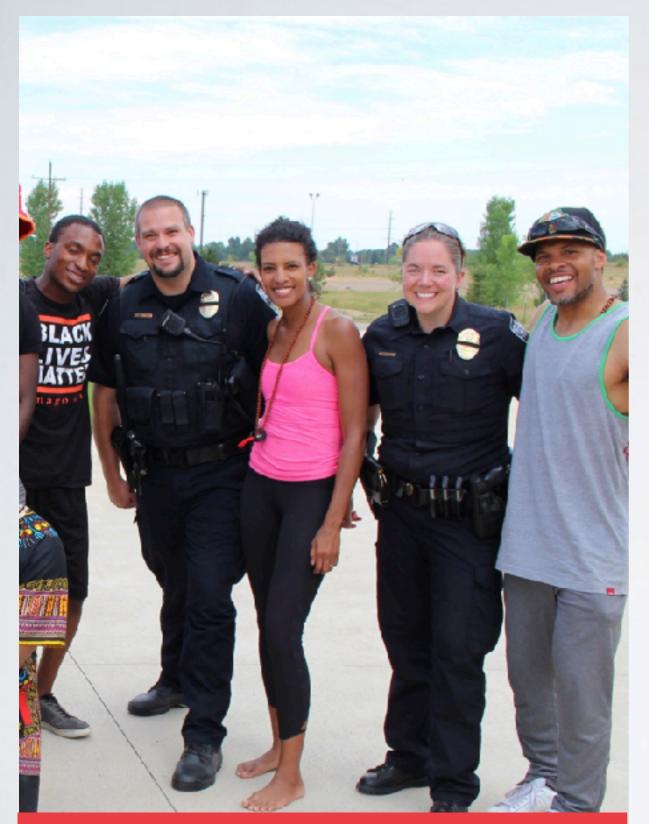
Name a song that currently represents your life

Explain why you chose that song with your group?



## COMMUNICATION is the foundation to all great relationships

#### ORGANIC CONNECTIONS VS SYNTHETIC CONNECTIONS



#### Bold Conversations

#### Share your story





## Nature walks, art, and be a part of the community



#### Take non event group pictures with your team



#### GROUP PICTURES ILLUSTRATE A DEEPER CONNECTION AND CAN HELP BUILD STRONGER BONDS

#### WE VALUE EACH OTHER



# Volunteer together and treat it like an action meeting

#### omentum

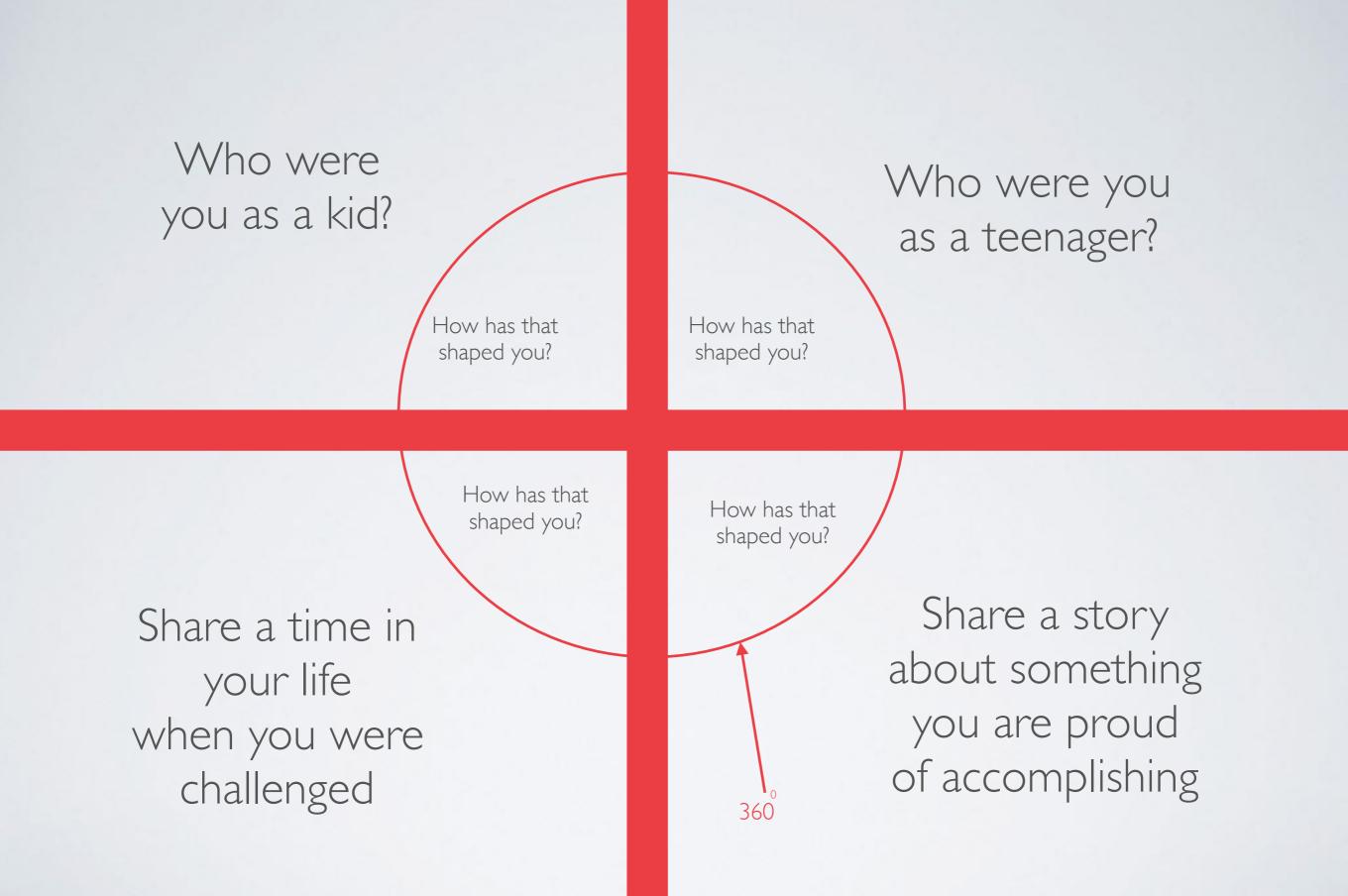
Team Im'Unique

## WHO ARE YOU BRINING TO THE MEETING?





you stand



### Our minds are constantly on the go

Reading, writing, typing, talking, listening, and driving all gives us so much to think about. We haven't even mentioned relationships and repetitive thought patterns.

IN 2005, THE NATIONAL SCIENCE FOUNDATION PUBLISHED AN ARTICLE REGARDING RESEARCH ABOUT HUMAN THOUGHTS PER DAY. THE AVERAGE PERSON HAS ABOUT 12,000 TO 60,000 THOUGHTS PER DAY. OF THOSE, 80% ARE NEGATIVE AND 95% ARE EXACTLY THE SAME REPETITIVE THOUGHTS AS THE DAY BEFORE.

Regulate the internal conversation

## DON'T FORGET TO HAVE FUN ALONG THE WAY

"Not the same old coffee shop"

"I actually hate smelling like coffee for the rest of the day"

Good times are contagious



## HOW TO STAY BALANCED

Self care, change up your routine and enjoy the moment

PLANT SEEDS OF INSPIRATION

On a small piece of paper, write down something you wish someone would have told you along the way.

### There is no secret to collaboration

Simply collaborate and be the best version of yourself

You have everything you need to make great things happen. This experience was just a reminder

#### The Canvas of opportunity