

East5ide Unified/Unido Retreat Agenda

Christ Lutheran Church, 3460 Humbolt Street, Denver, Colorado 80205 Saturday, September 22, 2018 10:00 am. – 2:00 pm.

Intention- Participants will:

- build the relationship between participants, leading to re- aligning on purpose and principles.
- create an experienced of themselves as leaders, stepping up as a leader within the East5ide Unified/Unido community.
- design the next steps together gaining clarity on roles, responsibilities and the new grant accountabilities.
- have an increased understanding about possible paths to the East5ided Unified/Unido community governance.

Welcome – Intention of the day, logistics

Introduce facilitator – Review mission and vision statement and have

- Name, Affiliation
- What do I feel connected to in the mission and vision of East5ide Unified/Unido

Ice Breaker Game "Love Ya Baby, Gotta Go" - Gift from Opalanga Pugh, Griot

- What value did you see for yourself in participating in East5ide Unified/Unido?
- What does it mean to be a leader of your own life, family, community?
- What is the biggest opportunity for growth in 80205?
- Share something that works for you when you get stuck to move forward?

Group Agreements

Activity – Listening

Collaborative Inquiry – small group activity - debrief

How do we stay focused and allow for opportunity for adaptability, passion, interest?

Lunch – Connect with two people.

East5ide Unified/Unido 2018 - 2021 Colorado Department of Public Health Grant

- How do you see the grant activities covering community interests?
- What is missing from your perspective?
- What's questions do you have about the proposed work of the grant?

Debrief

Past Ways into Future Ways – Council, work group and general membership.

What do we need to keep in mind?
What's important about these roles?
How would we know if they are successful?
How to define intentionally the roles, the guidance structure?

Next Steps

October 10th meeting from 5:30-7:30pm Stipend request form

Closing



FALL RETREAT DEBRIEF

SEPTEMBER 22, 2018 | 10:00 A.M. - 2:00 P.M





ATTENDANCE

Facilitated By: Wendy Talley Support: Anna | Sophia |

Jodi

Participants: Voradel | Kellie | Benzel | Sandy | Vonda | Roberta | Levar | Lois | Caila | Ana Luisa | Karina | Wivine | Tash | Jason | Jane | Gerie

NEXT MEETING

October 10th

from 5:30-7:30 p.m.



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REVIEWING THE GRANT

2018 - 2021 COLORADO DEPARTMENT OF PUBLIC HEALTH GRANT

We broke into groups to discuss how we are going to use this grant, and how it ties into the larger vision. See the last page for our thoughts and conclusions.











FALL RETREAT DEBRIEF

SEPTEMBER 22, 2018 | 10:00 A.M. - 2:00 P.M





Continuous

Learning &

Evaluation

Anchor Institution

Policy Change

VITAL NEXT STEPS

- Update roles, structures
- Ensure resident involvement activities
- Identify actions, activities between meetings and events
- Ongoing clarification of next steps
- Communicate EU-supported activities, and how that work is getting done
- Update the EU/East Denver network map
- Connect EU work with existing efforts
- Inventory and list what is in the community—asset mapping
- Weave the survey data into planning and action
- Think about what programs and initiatives we want to support.
 - Existing efforts, sharing and connecting, identifying gaps
- Consider our budget, resources, and accountability...how we factor those things in and count.

See you on October 10th, 5:30-7:30! Join us a little earlier in the evening at 5 for dinner.









Hot Mammas | Group Report

- It's important to have a holistic view of East5ide activities, something short and simple to share with others, descriptions of action-oriented work
- For newer folks, it can be hard to tell how or why some of our activities are happening—the connect between indicators and grant activities and objectives
- How is East5ide Unified/Unido different from other similar, existing efforts? What makes it special?
- Raising visibility of EU is important--what's going on? How can you get engaged? This has to extend beyond a web-based platform; perhaps it could be Tramway, neighborhood-centric, or beyond.
- Would also be helpful to have some sort of card that shows a person is part of East5ide Unified (like the MyDenverCard, which provides access to some/not all resources...what would an EU version look like?

The Diversity Group | Group Report

- We thought a lot about how to communicate with agencies/anchor institutions (the hospitals, schools, museums) and share ideas with them
- East5ide Unified members can go into institutions to ask questions and learn, as well as to share the community voice about needs and wants (example needs/wants: bilingual signs, interpretation)
- Set an intention that we use feedback to make sense of existing EU resources, tools
- How does the EU governance structure look? How can we create routines for the community to be more broadly engaged, informing work like what we are doing with anchor institutions?
- We must use resources to support the members working with, and going into, anchor institutiosn to share the community's voice and opinion
- •Use biderectional communication, ensuring anchor institutions come to the community, seeing value and respecting their voices. We need some more thinking to tease out what bidirectional communication/connection looks like--the process of matching resources to community voice
- Changes to anchor institution policy and practice around community involvement and community voice (respecting and valuing)



Gerie's Girls | Group Report

- Ensure that the indicator measures are as localized as possible
- Our group liked the variety in measures
- •It could be helpful to connect with Cole Inspire, as well as some of their data sources and assets
- When we're measuring the percentage of neighbors that trust one another, we must consider how new residents factor in to this data

Captain Unido | Group Report

- We're seeing some gaps around access to information (the full grant, street team data, planning grants). A common space is needed to store and access this easily.
- Work on indicators and goals for grant. The dashboard is our northern star--the long-term goals and horizon we are driving towards, and the outcomes on the goals are our shorter-term measures, those that get us closer to the long-term goals.
- Dedication to indicators through the work of the grant is not linear.
- East5ide's work may not move population indicators alone; we link up to others.
- Must stay open to the whole community being represented at the table.
- Need to be thoughtful about being strengthsbased--encourage this lens for all and maximize it
- Engage the community, involving all--for example, in work aroups.
- Communication is key; have a space where all feel in-the-loop, information is timely, updates are given on grant activities.

Comfy Couch Quarterbacks | Group Report

- •The male engagement and father initiative was a concrete example of action and movement.
- An "ouch" moment happened with the fatherhood group; someone reached out and never got follow-up.
- Create a system of accountability with intentional follow-up, connecting, clear information, and systems to ensure loops are connected.
- Hard to see activity around economic asset building.
- How do we engage with the new residents int the commuity? We need to be intentional and reach out in a way that supports shared values. (How do we create a space where the old and new come together?)
- Does East5ide Unified take a role in policy & advocacy? Do we take a civic stance on what's important or aligns with values. (For example, FLTI not continuing? Partnering with others doing advocacy/policy work?)
- Must support people around mental health and wellbeing, coping with trauma. It's tough to have healthy, engaged community if individuals aren't doing well.

Children are healthy and learning.				
Headline Indicator	Source	Considerations		
% of children, ages 5 -14, who were physically active for at least 60 minutes for the past 7 days.	CDPHE - CO Health Indicators			
% of kindergarteners entering school meeting or exceeding school readiness measures	DPS - TS Gold Data	inclusive of physical, cognitive, social/emotional, and communication development		
% of 3rd graders meeting or exceeding expectations in English Language Arts.	CDE - DPS			
% of children who do not always know when or where they will get their next meal	Blueprint to End Hunger	may influence school readiness and reading indicators		

Caregivers, adults and families are engaged, interactive and responsive			
Headline Indicator	Source	Considerations	
Frequency of family meals	TBD	protective factor	
% of children who were read to by a family member at least 7 times in the last week.	Child Trends - TBD	protective factor	
% of families who engaged child in any kind of outing (park, library, zoo, church, family gathering, shopping, restaurant) x times in the past week.	CDPHE- Child Health Survey	protective factor; typically asked of families with older children, consider if/how changes with younger children, expand examples given	
% of families reporting a professional (child care, teacher, health care, home visitor) is sensitive to family values and customs.	TBD		
% of families reporting a professional (child care, teacher, health care, home visitor) spent enough time with them.	TBD		
% of children who have a trusted, caring adult in their life.		protective factor; research supported	

NOTES: data within context

- 1) need to be able to disaggregate data via a variety of factors (e.g. length of time in East Denver, socioeconomics, age, race and ethnicity....)
- 2) apply an equity lens to data and the story behind the data; story must include historical and demographic changes in East Denver
- 3) EU's data dashboard is a work in progress; we'll continue to refine it over time
- 4) don't let the perfect be the enemy of the good; let's start with the good and keep learning

People and places impacting children are safe, supportive and connected.

Headline Indicator	Source	Considerations
% of families reporting they feel their child is safe in their community or neighborhood (and/or school or child care center).	CDPHE- Child Health Survey	
	-	see social capital indicator set and example
% who trust all or most of their neighbors.	example	from Mesa Co; define 'trust' and 'neighbor'
% of neighbors socializing or spending tme		
together	TBD, Mesa County example	see if part of social capital indicators
% who are comfortable asking for support		
from: 1) a family member, 2) friends, 3)		see social capital indicator set and example
community organization	TBD, Mesa County example	from Mesa Co

Data Development: Continue to study and learn about research-based social capital index and how/why Mesa County selected survey questions. And how social capital relates to this result.

The East Denver * community prioritizes children and families.

Headline Indicator	Source	Considerations
% of East Denver organizations or agencies that adopt family friendly policies.		critical part of CDPHE grant; will need to describe and define what EU means by "family friendly policy"
% in East Denver who earn a living wage. And/Or amount of well paying jobs in East Denver		leading indicator in terms if family can afford to live in East Denver

Data Development: 1) think through potential indicator around policies in East Denver and if/how they have applied a family and child lens; is there an indicator around the # of policy or decision making champions who apply a child/family lens to their actions 2) think more on what EU really wants to know and monitor around displacement, housing affordability, housing mobility, etc. 3) consider if EU wants to capture the % of income that goes towards housing (MHUW report)